



Your Fall News & Updates

Corn Mazes and Hearing Loss

The beautiful fall leaves are starting to change colors. I've been thinking of an outdoor activity for my seven and nine year old to enjoy, so I decided to bring them to a corn maze. If you've never been to a corn maze, it consists of acres and acres of rows of cornstalks, with a maze carved out for people to explore.

When we arrived at the maze, we were greeted by farm attendants who handed us a pack of clues to be used to navigating. Then, they walked us the point of entry. Being in the corn maze generated some anxiety on my part. The branches from the corn stalks towered two feet above my head, creating a chilly canopy blocking the sun's warm rays. My inner claustrophobia set in. My children, however, were delighted and approached each clue with unbridled enthusiasm.

Taking each clue piece by piece, they broke it down into manageable parts. When we reached the first spot, verified by a small painted sign signaling we'd come to the right place, the kids shouted with excitement at their achievement. And so, we continued on to the next clue, until eventually we found our way out.

Navigating the corn maze reminded me of my work with patients with hearing loss. When they enter our office for the first time, they are beginning their journey with many unknowns.

Will I need hearing aids? Will they be noticeable? Can anything heal my hearing loss? Living with hearing loss can feel overwhelming. As audiologists and hearing specialists, we have the clues, the map, and a plan of action to help our patients on their journey toward life with better hearing. Together, we navigate through the maze of the unknown, until we see the light peeking out through the tall, shadowy foliage.



Letter from Dr. Zelda Shleifer, Au.D., CCC-A

Upcoming Events

Thursday, November 17th | 12:00pm
Naugatuck Senior Center Educational Bingo.

Monday, November 20 | 10:30am
Learn how to Communicate Better - Join us Monday, November 20th at 10:30 am for a presentation by Janice Howard, M.A., CCC-A from Hearing Balance and Speech Center. Ms.

Howard will teach you how to be a better listener and help you to communicate better with your friends and family. As we approach the holiday season, it is extremely important to be able to communicate effectively with your loved ones! Don't miss out on this great opportunity - we will be offering Free Hearing Assessments and gift bags. Our Branford office is located in the heart of downtown at 11 Harrison Ave. We hope to see you there!

Wednesday, November 29th | 9:00am - 2:30pm
Visit us at the Fearless Caregivers Conference, a 911 for caregiving solutions. Learn how to balance family, work & caregiving, motivate other family members to help, convince dad to stop driving, legally protect your aging parents, secure the future of your adult child, and the importance of maintaining your hearing health. Limited FREE Tickets available for Family Caregivers.

Thursday, December 14th | 1:00-4:00pm
Waterbury Holiday Bizarre - 171 Grandview Ave. suite 203
Raffle Prizes - CapTel Phones - FREE Screenings - Goodies
Look out for more updates as we get closer to the holidays!

***More events to come - check our website and Facebook for updates!
Happy Birthday to everyone who has or will be celebrating a birthday this fall!***



2017 HBSC
Past Events



New England Young at Heart Magazine put on a wonderful Senior Prom this year at Aria. If you are interested in attending the next Senior Prom let us know!!



We had a wonderful time at the Hamden Senior Center Annual Summer BBQ. Everyone from the Chamber Health & Wellness Committee came together to donate, plus prepare food and goodies for the picnic! If you missed out on this year, keep a look out for next years BBQ!



Left to right: Dr. Bauman giving presentation at Norwalk Senior Center. HBSC booth at Bristol Senior Center Health Fair. Educational Bingo at Naugatuck Senior Center and another booth at the Hamden Chamber Health Fair.



HBSC office staff enjoying a little Halloween fun on October 31st!

Updates



Hamden Walk-In Clinic Hours

For your immediate hearing healthcare

Monday to Wednesday 1:00pm - 2:00pm
Thursday 12:00pm - 1:00pm

Services Provided:

- hearing aid cleaning
- filter changes
- dome changes
- troubleshooting
- diagnosis of dead devices
- tubing changes

Have your hearing aids serviced without an appointment (24hr return)



Having trouble with your hearing aid and think you need to wait for an appointment? It might just need to be cleaned. Visit us during the walk in clinic hours to have your hearing aid cleaned and checked or minor service.

WHAT ARE YOU THANKFUL FOR?!



Want a FREE Pie for Thanksgiving? Click here to learn more! Offer valid for New Patients only.

Our Pie Promo is BACK!

This fall, don't let the clock run out, use your Health Saving Account! Spread the gift of better hearing, better life. Ask us about rechargeable hearing aids! HBSC is offering a **FREE Pie*** to everyone who comes in for a **FREE hearing assessment**** & Oticon Opn consultation.

The space is limited. Book your appointment by **November 10** to guarantee your pie for Thanksgiving. 203.298.9915

FEARLESS CAREGIVER CONFERENCE

CAREGIVER 911

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LEARN HOW TO:

- ▶ Balance family, work & caregiving
- ▶ Motivate family members to help
- ▶ Convince Dad to stop driving
- ▶ Legally protect your aging parents
- ▶ Secure the future of your adult child



Register at CAREGIVER.COM



877.829.2734



NEW HAVEN

NOVEMBER 29, 2017

Albertus Magnus Collage
Behan Community Room/
Hubert Campus Center

700 Prospect Street
New Haven, CT 06511

9:00AM - 2:30PM

BREAKFAST INCLUDED



HASBRO'S
Joy for All
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Win a
Hasbro's Joy for All
companion pet.

**2 LUCKY
WINNERS**



Limited **FREE TICKETS** for Family Caregivers

SPONSORSHIP OPPORTUNITIES AVAILABLE



Hearing, Balance and Speech Center
203.287.9915 | info@hearingbalance.com | hearingbalance.com

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