

"If we had no winter the Spring wouldn't be so pleasant." - Unknown



Your Spring News & Updates



Letter from Dr. Bauman

As I sit down to write a message to you, I reflect on the past 29 years of providing audiological services to enhance people's lives.

Helen Keller was asked if she could regain one of her senses, sight or hearing, which would she choose? Her answer always remained the same. "Not seeing deprives me of having relations with objects; not hearing deprives me of having relations with people. Therefore, I choose hearing".

For the last 29 years the Hearing Balance and Speech Center has had one mission; to improve, to secure, to enhance relations with people by offering them better hearing. **I have worked hard to follow that mission as an**



audiologist, an engineer and an inventor of the most widely used hearing aid style on the market today.

Personally, I have seen my patients grow and mature from the ages of 3 to 100. When I see where they are now, overcoming significant hearing impairments, I feel a little pride knowing that I have contributed to their personal and professional success by providing them with better hearing.

Perhaps, I have also grown together with my practice. I have been wearing hearing aids for the past two years. Now, I have an even greater appreciation of hearing loss and all the pluses and minuses that come with wearing hearing aids.

What are the pluses?

- Well, overall I hear much better.
- I also know that wearing hearing aids keep my brain well-nourished and stimulated.
- My hearing aids decrease my chances of getting dementia and they keep my cognition in a better shape.
- They help me to put less effort to my daily life and I experience less stress at the end of the day. With less stress, my cardiovascular system is less tasked which helps my heart to stay healthier.
- My hearing aids also make me look "smarter" as I do not have this look on my face when someone says something and I do not know what they said or if I answered incorrectly.

As to the minuses; in some situations I still do not hear as I used to hear when I was 18. Then again my brain now is not what it was when I was 18. I need to remember to change batteries every 4 days and to clean the hearing aids every week.

But all of the negatives are trumped by the advantages which I get from my hearing aids.

On a personal note I'd like to share a learning experience which I'll never forget. About 35 years ago, I had the pleasure of addressing a group of hearing impaired. At one point I boasted that because of my education, having a masters in electronics and a doctoral degree in audiology, I practically know everything about hearing loss and hearing aids. At which point an older lady from the back of the room got up, all of about five feet tall, and announced firmly, "Dr. Bauman, for as long as you do not have a hearing loss and for as long you do not wear hearing aids you know sh...t about it". Only many years later, when I started to wear hearing aids, I realized how premature of me was to make such a boasting statement.

Since I feel that I still have room to grow at HBS, I decided I'll hang around with the practice for few more years. Thank you all for being part of my life and for your faithful patronage. On behalf of all of us at the HBS and the NETHC we promise to work even harder to earn your trust and improve your hearing healthcare.

Natan Bauman, Ms. Eng., Ed.D., F-AAA

President of the Hearing, Balance and Speech Center

President of the New England Tinnitus and Hyperacusis Clinic

Chairman and Founder of the Tinnitus Practitioners Association (TPA)

Inventor of the CHaTT (Cognitive Habituation Tinnitus Therapy)

Inventor of the RITE/RIC hearing aid system

Announcements

Happy Birthday to HBSC - 29 Years of Hearing Healthcare Excellence!
Wishing a happy birthday to our very own Dr. Zelda Shleifer, Janice Howard and to any of our patients celebrating a birthday this spring!

Just a reminder that we offer evening & weekend hours, as well as in home visits.
Please give a call to inquire should you need your appointments to be accommodated!

Dr. Zelda Shleifer and Paula Jensen were featured on The Waterbury Chamber Hour on WATR-AM 1320 10am-11am this March.

We had a wonderful time at the Bristol Senior Center back in January! We plan to come back for another TALK & LEARN this year.

**Also, a very special thank you to all
who attended our Waterbury Open House!**



Events

Monday, March 20, 2017 - TALK & LEARN North Haven Senior Center - 10:30am

Tuesday, April 11, 2017 - Hamden Chamber Business Expo - Hamden HS - 8-4pm

Tuesday, April 11, 2017 - Waterbury Chamber Business Expo - 5-7:30pm

May 2017 is Better Hearing Month and we are having two Open Houses to Celebrate!

Friday, May 5, 2017 at our Hamden Location 1-3pm

Sunday, May 21, 2017 Walk4Hearing in Hartford

Monday, May 22, 2017 at our Branford Location 1-3pm

Thursday, June 22, 2017 - TALK & LEARN Waterbury Senior Center - 12:30pm

Wednesday, November 8, 2017 - Fearless Caregivers Conference 8am-2:30pm

Check this out..

Our friends over at CapTel have found a bunch of hearing loss friendly events, in popular travel destinations for this Spring/Summer. Click the image below to learn more.

Captioned Telephones that fit your lifestyle.



ATTENTION!

*Hearing should not close the doors to life's
enjoyments. It is the key
to better hearing for a better life!*

We might have lost an hour this March, but the early bird catches the worm! Give us a call to set up a free consultation. The entire month of May to Celebrate Better Hearing & Speech Month, we will be offering up to \$500 OFF a pair of hearing aids.



1-800-HEAR-IT-1

Don't forget to come see us Tuesday, April 11 from 11-4 at the Hamden High School!



BUSINESS EXPO

& Health and Wellness Fair

Scavenger Hunt Prizes • Raffle Prizes • WATR 1320 Live • Hors d'oeuvres • Cocktails



Welcome All Businesses!

THE BIGGEST NETWORKING EVENT OF THE YEAR



Tuesday, April 11, 2017

Aqua Turf Club 556 Mulberry St., Plantsville

5:00 p.m.–7:30 p.m. \$10 to attend

1st 50 IN ATTENDANCE

NON-CHAMBER MEMBERS

will be entered to win

**A YEAR CHAMBER MEMBERSHIP!
A VALUE \$355**



Interested in exhibiting?

Host Sponsor



Naugatuck Chamber



Waterbury Regional Chamber



Watertown Oakville Chamber

Corporate Partner



Displays - Exhibits - Graphics

**CONTACT THE CHAMBER
AT (203) 757-0701**



Sunday, May 21, 2017

Location

Walnut Hill Park
184 W. Main St.
New Britain, CT 06052

Walk Chair

Randy Kirsch
ctwalk4hearing@gmail.com

Visit walk4hearing.org
for more information



Step Up for Hearing Loss

Registration 9:00 a.m.
Walk Starts 10:45 a.m.

Hearing, Balance and Speech Center
203.287.9915 | info@hearingbalance.com | hearingbalance.com

STAY CONNECTED:

